

Department: Applied Sciences & Humanities
Course: Diploma

Laboratory: _____
Subject: Sports & Yoga

Practical Planning & Coverage Status

| Sr. No. | Details of Practical | Availability of Equipment Set up | Likely STD Ref. Write up | Actual Date Turn/Date | Responsibility | HOD Sign. | Remark |
|---------|---|--|--------------------------|-----------------------|----------------|-----------|--------|
| 1. | INTRODUCTION TO PHYSICAL EDUCATION. | Modern Trends and Physical Education by Prashiksha 29 Aug 2025 | 8 Aug 2025 | 22 Aug 2025 | | | |
| 2. | OLYMPIC MOVEMENT. | | | | | | |
| 3. | PHYSICAL FITNESS, WELLNESS & LIFESTYLE | | | | | | |
| 4. | FUNDAMENTAL OF ANATOMY & PHYSIOLOGY IN PHYSICAL EDUCATION, SPORTS & YOGA. | Light of Yoga by B.K.S Iyengar | SSep, 2025 | 12 Sep. 2025 | | | |
| 5. | KINESIOLOGY, BIOMECHANICS & SPORTS. | | | | | | |
| 6. | POSTURES. | | | | | | |
| 7. | YOGA. | Health & Physical Education 2025-2025 NCERT. | 19 Sep. 2025 | | | | |
| 8. | YOGA & LIFESTYLE. | | | 3 Oct. 2025 | | | |

Approved/ Not approved

Jyoti 01/08/25
HOD Sign with date

Principal Signature with date

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G P Kangra

GPK-F-1A

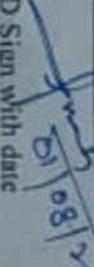
Practical Planning & Coverage Status

Department: Applied Sciences & Humanities
Course: Diploma.

Laboratory:
Subject: Sports & Life.

| Sr. No. | Details of Practical | Availability of Equipment Set up | | Likely Turn/Date | Actual Date | Responsibility | HOD Sign. | Remark |
|---------|--------------------------------|----------------------------------|----------|------------------|-------------|----------------|-----------|--------|
| | | STD Ref. | Write up | | | | | |
| 9. | TRAINING & PLANNING IN SPORTS. | | | 24 Oct 2025 | | | | |
| 10. | PSYCHOLOGY & SPORTS. | | | 31 Oct 2025 | | | | |
| 11. | DOPING. | | | 7 Nov 2025 | | | | |
| 12. | SPORTS MEDICINE. | | | 14 Nov 2025 | | | | |
| 13. | SPORTS GAMES. | | | 21 Nov 2025 | | | | |

Approved/ Not approved


01/08/25

HOD Sign with date


Principal Signature with date

G P Kangra

Practical Planning & Coverage Status

Department: Mechanical Engineering
Course: DiplomaLaboratory: sheet metal workshop
Subject: Engineering Workshop Practice

| Sr. No. | Details of Practical | Availability of | | Likely Turn/Date | Actual Date | Responsibility | HOD Sign. | Remarks |
|---------|---|------------------|---|---|-------------|----------------|-----------|---------|
| | | Equipment Set up | STD Ref. Write up | | | | | |
| 01 | Demonstration of different Sheet metal tools and Machines. | Available | Instructor help Practice and Self Instruction | D $\frac{5}{8}, \frac{6}{8}, \frac{8}{8}$ E $\frac{13}{8}, \frac{14}{8}, \frac{20}{8}$ A $\frac{21}{8}, \frac{23}{8}, \frac{25}{8}$ B $\frac{30}{8}, \frac{3}{9}, \frac{4}{9}$ C $\frac{6}{9}, \frac{10}{9}, \frac{11}{9}$ | | | | |
| 02. | Demonstration of different S/m operations, Cutting, Bending edging, end curling, lancing Soldering, Brazing and Riveting etc. | Available | -do- | D $\frac{17}{9}, \frac{18}{9}, \frac{20}{9}$ E $\frac{24}{9}, \frac{25}{9}, \frac{27}{9}$ A $\frac{1}{10}, \frac{4}{10}, \frac{8}{10}$ B $\frac{9}{10}, \frac{15}{10}, \frac{22}{10}$ C $\frac{23}{10}, \frac{25}{10}, \frac{29}{10}$ | | | | |
| 03. | one Simple job involving Sheet metal operations soldering and Riveting | Available | -do- | D $\frac{30}{10}, \frac{1}{11}, \frac{6}{11}$ E $\frac{19}{11}, \frac{20}{11}, \frac{22}{11}$ A $\frac{8}{10}, \frac{26}{11}$ B $\frac{15}{10}, \frac{22}{10}, \frac{9}{10}$ C $\frac{25}{10}, \frac{29}{10}, \frac{23}{10}$ | | | | |

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T.S. KANGRA
HOD Sign with date

 Principal Signature with date

Electronic Engg. Ist Sem
G P Kangra

GPK-F-18

Department: Mechanical Engg.
Course: Diploma

Practical Planning & Coverage Status

Laboratory: Welding shop

Subject: Engineering workshop practice

| Sr. No. | Details of Practical | Availability of Equipment Set up | STD Ref. Write up | Likely Turn/Date | Actual Date | Responsibility | HOD Sign. | Remarks |
|---------|---|----------------------------------|--|--|-------------|----------------|-----------|---------|
| 1. | Demonstration of different welding tools/machines | available | Workshop Practice and Test instruction | A 26/8/8 B 1/9/9 3/9 C 4/8/8 8/8 D 11/8/17/8 13/8 E 18/8/19/8 20/8 | | | | |
| 2. | Demonstration on ARC welding, Gas welding, micro MAG welding, Gas cutting and rebuilding of Broken parts with welding | - Do - | - Do - | A 27/9/30/9 1/10 B 6/10/9 10/10 C 8/9/9 10/9 D 15/9/16/9 17/9 E 22/9/23/9 24/9 | | | | |
| 3. | One Simple job involving Butt & Lap joint | - Do - | - Do - | A 10/11/11/11 B 18/11/19/11/24/11 C 14/15/15/15/15/15 D 24/10/27/10/18/10 E 29/10/31/11/4/11 | | | | |

Approved/ Not approved

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| Academically |
| HOD Sign with date |

Principal Signature with date

Rajat

G P Kangra

Practical Planning & Coverage Status

Department: Mechanical Engg.
Course: DiplomaLaboratory: Electrical workshop
Subject: EWP

| Sr. No. | Details of Practical | Availability of | | Likely Turn/Date | Actual Date | Responsibility | HOD Sign. | Remarks |
|---------|--|------------------|--|---|-------------|----------------|-----------|---------|
| | | Equipment Set up | STD Ref. Write up | | | | | |
| 1. | One lamp controlled by one switch by surface conduit wiring. | Available | Self Inst. and Engg. workshop Practice | A 13/08 B 21/08 C 30/08 D 06/09 E 05/08 | A | | | |
| 2. | Lamp- circuits connection of lamp and socket by separate switches. | -DO- | -DO- | A 14/08 B 23/08 C 05/09 D 10/09 E 06/08 | A | | | |
| 3. | Connection of fluorescent Lamp / Tube light | -DO- | -DO- | A 20/08 B 28/08 C 04/09 D 11/09 E 08/08 | A | | | |
| 4. | Simple - lamp circuits install bedroom lighting. | -DO- | -DO- | A 24/09 B 01/10 C 09/10 D 23/10 E 17/09 | A | | | |

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HOD Sign with date

Principal Signature with date

| S.No. | Detail. of Practicals | Availability of | | Likely Turn/Date | Actual Date | Responsibility | HOD Sign | Remarks |
|-------|---|------------------|---|--|-------------|----------------|----------|---------|
| | | Equipment Set up | Std Ref. Write up | | | | | |
| 5. | Simple lamp circuit & install stairs - Care wiring. | -Available- | Self instructions and Engg. Wshp Practice | A 25/09 B 04/10 C 15/10 D 25/10 E 18/09 | A | B | C | D |
| 6. | Demonstration of measurement of current, voltage, power and Energy. | -DO- | - DO - | A 24/09 B 04/09 C 15/10 D 28/10 E 20/09 | A | B | C | D |
| 7. | Demonstration of advance power tools, pneumatic tools, electric wiring tools and accessories. | -DO- | -DO- | A 19/11, 27/11 B 08/09 C 22/10 D 29/10 E 30/10 | A | B | C | D |
| 8. | Tools for cutting and Drilling. | -DO- | -DO- | A 02/09 B 08/09 C 22/10 D 29/10 E 01, 06/11 | A | B | C | D |

Govt. Polytechnic Kangra , Distt. Kangra (H.P)

Department of Applied Science & Humanities

Course: Diploma **Branch.**

Session: 01 Aug 25 to 26 Nov 25

Subject: Applied Physics-I

Teacher:

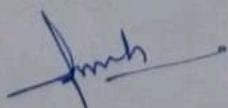
Laboratory: Physics Lab

Lesson plan for syllabus coverage: Theory-56 Hours, Practical-28 Hours

| S No | Lecture No. | Topic | Syllabus Detail |
|------|-------------|--|--|
| 1 | 1-8 | Physical world, Units and Measurements | Physical quantities: fundamental and derived, Units and systems of units (FPS, CGS and SI units), Dimensions and dimensional formulae of physical quantities, Principle of homogeneity of dimensions, Dimensional equations and their applications (conversion from one system of units to other, checking of dimensional equations and derivation of simple equations), Limitations of dimensional analysis. Errors in measurements (systematic and random), absolute error, relative error, error estimation and significant figures. |
| 2 | 9-19 | Force and Motion | Force and Motion Scalar and Vector quantities – examples, representation of vector, types of vectors. Addition and Subtraction of Vectors, Triangle and Parallelogram law (Statement 13 only), Scalar and Vector Product, Resolution of a Vector and its application to inclined plane (Rectangular components) and lawn roller. Force, Momentum, Statement and derivation of conservation of linear momentum, its applications such as recoil of gun & rockets, Impulse and its applications. Circular motion, definition of angular displacement, angular velocity, angular acceleration, frequency, time period. Relation between linear and angular velocity, linear acceleration and angular acceleration (related numerical). Centripetal and Centrifugal forces with live examples, Expression and applications |
| 3 | 20-28 | Work, Power and Energy | Work: Concept and units, examples of zero work, positive work and negative work Friction: concept, types, laws of limiting friction, coefficient of friction, methods for reducing friction and its engineering applications, Work done in moving an object on horizontal and inclined plane for rough and plane surfaces and related applications. Energy and its units, kinetic energy, gravitational potential energy with examples and derivations, Mechanical energy, conservation of mechanical energy for |

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|---|-------|----------------------|--|
| | | | freely falling bodies, transformation of energy (examples). Power and its units, power and work relationship, calculation of power (numerical problems). |
| 4 | 29-36 | Rotational Motion | Translational and rotational motions with examples. Definition of torque and angular momentum and their examples. Conservation of angular momentum (quantitative) and its applications. Moment of inertia and its physical significance, radius of gyration for rigid body, Theorems of parallel and perpendicular axes (statements only), Moment of inertia of rod, disc, ring and sphere (hollow and solid) |
| 5 | 37-47 | Properties of matter | Matter Elasticity: Definition of stress and strain, different types of modulii of elasticity, Hooke's law, significance of stress-strain curve. Pressure: definition, units, atmospheric pressure, gauge pressure, absolute pressure, Fortin's Barometer and its applications. 14 Surface tension: concept, units, cohesive and adhesive forces, angle of contact, Ascent Formula (No derivation), applications of surface tension, effect of temperature and impurity on surface tension. |
| 6 | 48-56 | Heat and Thermometry | Thermometry Concept of heat and temperature and their relationship, Types of Thermometer (Mercury thermometer, bimetallic thermometer, Platinum resistance thermometer, Pyrometer) and their uses. Expansion of solids, liquids and gases, coefficient of linear, surface and cubical expansions and relation amongst them, Co-efficient of thermal conductivity |

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Lecturer Physics



(Sh. Kamlash Chand)
HOD
AS&H

PLANNED SYLLABUS COVERAGE(Theory)

| Syllabus Coverage | Department: AS&H | Subject Comm. Skills in English | |
|-------------------|---|--|-----------------------|
| | Course Diploma in EE, CE & ECE | Duration 3 years | |
| | Total Periods 42 | Theory ECE | |
| Period Nos. | Topic | Details | Instruction Reference |
| 1-10 | Comm. Theory and Practice | Basics of Comm. - Intro, meaning definition, process etc. Types of comm., formal and informal, Verbal and no-verbal and barriers to effective comm. 7Cs of effective comm., art of effective comm. Choosing words, voice modulation, clarity, Time Simplification of words, Technical comm. | |
| 1-16 | Soft Skills for Professional Excellence | Introduction to Soft Skills and Hard Skills, importance of soft skills, Life skills: self awareness, self analysis, adaptability, resilience, emotional intelligence and empathy etc. Applying soft skills across the culture. | |
| 17-27 | Reading Comprehension | Comprehension - vocabulary enhancement 1. The Gift of Magi 2. Uncle Podgetlang a Picture 3. Night of the Scorpion 4. Stopping by Woods on a snowy Evening 5. Where the Mind is Without Fear. | |

Approved from concerned HOD within seven days from beginning of semester & will be kept with the concerned teacher.

| | Details | Instruction Reference | Additional Study Recommended | Remarks |
|----------|------------------------|---|------------------------------|---------|
| 4. 28-34 | Professional Writing | The art of precis writing. Business and personal letters. Drafting emails, notices minutes of a meeting. | | |
| 5. 35-48 | Vocabulary and Grammar | Glossary of administrative terms, one word substitution, idioms and phrases. Parts of speech, active and passive voice, tenses, punctuation. | | |

Extra Topics to be covered beyond the scope of the syllabus (as required by industry/ as recommended by Teacher which he/she finds necessary)

| Sr. No. | Period No. | Topic Covered | Instruction Reference | Additional Study recommended | Remarks |
|---------|------------|---------------|-----------------------|------------------------------|---------|
| | | | | | |

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|-------------------------|--------------|
| Date | HOD Sign |
| 01/08/25 | <i>Jyoti</i> |
| | <i>Dint</i> |

G P Kangra
Practical Planning & Coverage Status

CPK-P-58

Department:
Course:

Laboratory:
Subject:

| No. | Details of Practical | Availability of | | Likely Turn/Date | Actual Date | Responsibility | HOD Sign. | Remarks |
|-----|---|---|--|------------------|-------------|----------------|-----------|---------|
| | | Equipment Set up | STD Ref. Write up | | | | | |
| 1) | Preparation of standard sol. of oxalic acid | 250 ml Beaker Flask, watch glass, Electronic Balance | App. Chem. By A.D. Sharma | | | | | |
| 2.) | To determine strength of given set -ium hydroxide sol. by titrating against standard Oxalic acid Sol. using Phenolphthalein indicator | Burette, Pipette, Titration Flask, Beaker | NCERT Delhi 2013-14 App. Chem. By A.D. Sharma | | | | | |
| 3.) | Experimental verification of Faraday's Law of Electrolysis using $CuSO_4$ Solution & Cu-Electrolyte | Cu-Voltmeter Four cu Plate Battery, Key Electrode | Dr. G.H. Hugar App. Chem. Lab Practices | | | | | |
| 4.) | Iodometric Estimation of Cu in the given Copper ore using std. hydro Solution | Burette, ppt Burette stand Titration Flask | App. Chem. By A.D. Sharma | | | | | |
| 5.) | To estimate total Alkalinity of given water sample by titrating against std. H_2SO_4 solution. | Burette, ppt Burette stand Titration Flak Beaker | Jain & Jain Egg. Chemistry | | | | | |
| 6.) | To estimate the moisture in given coal sample gravimetrically | Oven, Balance Tong, Crucible | App. Chem. By A.B | | | | | |
| 7.) | To estimate the ash in given Coal Sample gravimetrically | Muffle Furnace Tong, crucible Dissicator | App. Chem. By A.D. | | | | | |
| 8.) | To determine Viscosity of given Lubricating oil by Red wood viscometer | Red wood viscometer | Dr. G.H. Hugar & A.N. Patankar App. Chem. Laboratory Practices. | | | | | |

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01/08/25

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| Sr. No. | Period Nos. | Topic | Details | Instruction Reference | Additional Study Recommended | Remarks |
|---------|-------------|-----------------|---|--|--|---------|
| 8) | 53-56 | <u>Polymers</u> | <p>boundary lubrication, Physical Properties - Viscosity and index of fluidity, Flash & Fire Point, Cloud and Pour Pt., Chemical Properties Coke number, TAN, Saponification Value of lubricants.</p> <p>Monomers, Homo & Copolymers degree of Polymerisation, Simple reaction involved in preparation and their application of Thermoplastics & Thermosetting Plastics (using Polythene, PVC, PS, PTFE, Nylon-66 and Bakelite only) Vulcanization of rubber and properties of vulcanized rubber.</p> | <p>Eagle Publication</p> <p>Hiteshi Publication</p> <p>Eagle Publication</p> | <p>Text Book of Chemistry Class +1, +2</p> <p>N.C.E.R.T</p> <p>Pradeep Publication</p> <p>Dinesh Publication</p> | |

Extra Topics to be covered beyond the scope of the syllabus (as required by industry/ as recommended by Teacher which he/ she finds necessary)

| Sr. No. | Period No. | Topic Covered | Instruction Reference | Additional Study recommended | Remarks |
|---------|------------|---------------|-----------------------|------------------------------|---------|
| | | | | | |

| Approved / Not approved | |
|-------------------------|--------------------|
| Date 01/08/25 | HOD Sign |
| Date | Principal Sign |

Use additional sheets (if required).

| No. | Topic | Details | Instruction Reference | Add. Study | Remarks |
|----------|-----------------------|--|--|--|---------|
| | | Faraday's laws of electrolysis and Nernst's law. Industrial applications of Electrolysis, Electrometallurgy, Electroplating - Electro-Refining, App. of redox rxn in electrochemical cells - Primary cell - dry cell, Sec. Cell - lead acid storage battery. Introduction to corrosion of metals definition, types of corrosion, H ₂ liberation, O ₂ absorption, corrosion, Internal Corrosion, Preventive measure, Purification alloying and heat treatment and External Corrosion Preventive measure, metal coating (anodic & cathodic). | Eagle Publication 1999-2000 (H, +2) | Text Book Chemistry for Class 11, +2 Pradeep Publication Hiteshi Publication | |
| 4) 24-30 | Engineering Materials | Natural occurrence of metals, minerals, ores of iron Al, Cu, gangue (matrix), flux Slag, Metallurgy brief account of general Principle of metallurgy in crushing, grinding Concentration, Froth floatation, Magnetite Separation, Roasting and calcination Smelting, Refining, Zone Refining, Extraction of iron from haematite ore using a blast furnace along with fluxes, Alloys definition, Purpose of making Alloys, Ferrous and Non Ferrous Alloys, Brass, Bronze, Nickrome, Duralumin, Magnesium with e.g. | Eagle Publication | Text Book Chemistry Class 11, +2 NCERT | |
| 5) 31-38 | <u>Water</u> | Classification of water - Soft water and hard water, Causing water hardness, units and Numerical problems caused by the use of hard water in boilers, water softening techniques - Zeolite process, Municipal water treatment, sedimentation, coagulation filtration, sterilization, Properties of water used for humans for drinking and cooking purposes - from any water sources and Indian standard specification of drinking water. | Engg. Chemistry By Sashi Chawla | | |
| 6) 39-45 | <u>Fuel</u> | Definition of fuel and Combustion of Fuel, Classification, calorific value (Hcv and Lcv), calculation of Hcv & Lcv using Dulong's formula, Characteristics of good fuel, Petrol and diesel-fuel rating Detail (Octane & Cetane Number), Chemical composition, calorific values Applications of LPG, CNG, water gas and biogas, Propane gas. | Eagle Publication | Text Book of Chem. for Class 11, +2 (Part-I, II) N.C.E.R.T | |
| 7) 46-53 | <u>Lubrication</u> | Function and characteristic Properties of good lubricant, Classification with Examples, Lubrication Mechanism - hydrodynamic and | | | |

PLANNED SYLLABUS COVERAGE (Theory)

| CP Kangra | Department AS & H Course Diploma | Subject App. Chemistry | Duration 3 years | |
|----------------------|-------------------------------------|--|--|--|
| SYLLABUS COVERAGE | Total Period 56 | Theory 56. | | |
| S. No. | Period No. | Topic | Details | Instruction Reference |
| 1> | 1-7 | <u>Atomic Str.</u> | Fundamental particles of atoms :- Electron, proton, neutron (Definitions) Atomic Str. Bohr's Theory, Successes and limitation (Expression for Energy & Radius to be omitted) & Hydrogen spectrum explanation based on Bohr's model of atom Heisenberg uncertainty Prin. Quantum No. - Orbital Concept Shapes of s, p-orbitals, different b/w orbit and orbital, Pauli's exclusion Principle, Hund's Rule of maximum multiplicity Aufbau Rule, electronic Config. (1 to 3s) | Eagle Publication Hiteshi Publication Dinesh Publication |
| 2> | 8-14. | <u>Chemical Bonding & Solution</u> | Concept of Chemical Bonding Cause of Chemical Bonding types of Bond - Ionic Bond (NaCl e.g.) Lewis concept of Covalent Bond (H_2 , F_2 , HF) Electronegativity, Difference b/w Sigma & Pi-bond, Electron Sea model of metallic Bond Idea of Solute, Solvent and solution, Methods to express the Conc. of Solution - Molarity (M), molality (m), mass % age | Engg. Chemistry By Sashi Chawla |
| 3> | 15-23 | <u>Electrochemistry and Corrosion</u> | Electronic concept of oxidation and Reduction and Redox Reacs, Definition of term - Electrolytes & Non Electrolytes with Example | Pradeep Publication |

be approved from concerned HOD within seven days from beginning of semester & will be kept with the concerned HOD at file.